

# MAN UP

12-15 Sessions  
designed to  
promote  
Character  
Development and  
Improve Overall  
Functioning!

Boys group for ages 11-15  
Wednesdays 4p-6p

Now accepting referrals!!  
*Call us to participate*

*Helping Young men manage their emotions,  
make good decisions, increase confidence,  
take responsibility for behavior, navigate  
early parenthood, self-care, develop healthy  
social relationships, manage stress*

**Contact Joshua N. Swafford MA, LAPC  
Director of Groups and Workshops**

Phone: 770-431-0299 -or- fax: 866-416-1767

Some of the Sessions will  
include:

- Intro to Manhood
- Do the Right thing
- Pimpin, Rollin, Trappin, & Killin- What's up with that?
- Real Talk

*ALL GROUPS are  
headed by licensed  
clinical coordinators  
& Family Advocates*



ProActive Management Consulting, LLC



"Change is possible, growth is possible, success is possible... One step at a time"

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