

LEARN MORE ABOUT PMCCAS

PMC Counseling and Advocacy Services offer a network of experienced licensed professionals trained to provide a wide range of services to children, adolescents and adults. PMCCAS is headed by Director, Irene S. Houston, Ph.D., LPC, NCC.

WE PROVIDE...

PMCCAS staff is available to provide counseling for children and families living in and around the Metro Atlanta area. PMCCAS accepts most insurance plans to include Blue Cross PPO, Blue Cross HMO, State Health Plan, Aetna, Magellan, Well Care, AmeriGroup, Peach State, PHSC, United Health-care, TriCare, and others. If your insurance plan is not listed, please contact our office to find out if we are in your insurance network. PMCCAS also accepts self-play clients. If you do not have insurance, call and ask how we can help.



Contact us at 770-319-7468 to schedule an appointment for counseling services. If you have questions, please call us to determine if we can be of service to you or your family.

Licenses and Certifications

- ◆ Licensed Clinical Social Workers
- ◆ Licensed Masters Social Workers
- ◆ Pastoral Counselors
- ◆ Certified Play Therapists
- ◆ Licensed Professional Counselors



CONTACT INFORMATION



Counseling and Advocacy Services
2700 Cumberland Parkway, Suite 120

Atlanta, GA 30339

www.proactive-management.com

770-319-7468

Fax referrals to
1-866-416-1767

Email: info@proactive-management.com



ProActive Management Consulting, LLC
Counseling and Advocacy Services

Individual, Family, and Couples Counseling



“Change is Possible
Growth is Possible
Success is Possible
...One Step at a Time.”

Contact Information:
770-319-7468

Our Mission

Our Mission is to change the lives of children and families, one step at a time, providing therapeutic support services by professionally trained staff.



ProActive Management Counseling & Advocacy Services aim to provide competent, ethical, mental Health care for our clients.

We serve:

- Families with children living in an unstable environment
- Families with children or teens displaying delinquent behavior
- Families and individuals with a history of substance abuse problems
- Families and individuals with a need for guidance to grow stronger after traumatic experiences
- Families and individuals in need of advocacy, life skills and clinical services

PHILOSOPHY

At Proactive Management Counseling and Advocacy Services Center we believe most people have the resources to solve their problems. At times, however, a trauma or broken relationship or even the normal pressures of life can cause one to lose sight of their natural ability to problem solve. Counseling provides a safe place where clients can regain their perspective, find acceptance, and challenge themselves to grow.

INDIVIDUAL COUNSELING

Individual counseling is an opportunity to receive support and experience growth during a challenging time in life. Counseling can be effective in helping a person deal with personal issues such as depression, anxiety, substance abuse, marriage and relationship challenges, parenting problems, school difficulties and career changes.

COUPLES COUNSELING

All couples experience periodic ups and downs, conflicts and misunderstandings. Often couples are able to work through the differences and move on. But sometimes, conflicts remain unresolved and frustration mounts. This is when couples counseling can be of help. Couples counseling often assist clients in verbalizing their expectations of one another, defining and clarifying their wants and preferences, and working through the everyday problems confronted by even the healthiest couples.

FAMILY COUNSELING

Family counseling can take a variety of forms. Sometimes it is best to see an entire family together for a few sessions. At other times it may be better to see children and their parents separately. Whatever the format, the goal of family counseling is to identify the dynamics that cause problems and to institute changes in the structure or style of how the family operates.

People enter counseling for the specific intention of effecting a change in their lives. Counseling is a resource that can help with unresolved emotional behavioral, or interpersonal challenges.

ProActive Offers

Counseling for:

- Couples
- Families
- Individuals (children, adolescents and adults)

PMCCAS Therapy Services Include:

- Life Changes / Transition
- Anger Management
- Stress Management
- Communication Skills
- Anxiety and Guilt
- Depression, Grief, and Loss
- Trauma Recovery
- Boundary Issues
- Martial/Couples Counseling
- Divorce and Custody Concerns
- Family Counseling

PMCCAS Assessment Services include:

- ◆ Substance Abuse Assessment
- ◆ Family Violence Assessment
- ◆ Parenting Assessment
- ◆ Trauma Assessment

